

## HAMP COMMUNITY JUNIOR SCHOOL

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27 January 2010

Dear Parent/Carer

### **Measuring the height and weight of children in Year 6**

The NHS needs to have a good understanding of how children are growing so that the best possible health services can be provided for them. As a result, all children in England in Reception Year and Year 6 have their height and weight checked each year. This important programme is now in its fifth year.

Your child's class will take part in this year's measurement programme which is being held on Monday 8<sup>th</sup> February. **The measurement will be supervised by School Health Advisor Teams who are trained staff from your local NHS Primary Care Trust (PCT). The measurements will be done in a private area away from other pupils. Children who take part will be asked to remove their shoes, and will be weighed in normal indoor clothing.**

**Routine data, such as your child's sex, address, postcode, ethnicity and date of birth will also be collected to help the NHS plan services for families. All information and results will be treated confidentially. No child's height or weight will be given to school staff or other children. The records of children's heights and weights will be made anonymous at a national level, but may be stored locally on child health records. This information will then be used within the NHS to help us understand and plan interventions for weight-related problems in children across the country.**

If you do not want your child to take part please return the slip at the end of this letter to the school and your child will not be measured. If you are happy for your child to be weighed and measured, you do not need to return this form.

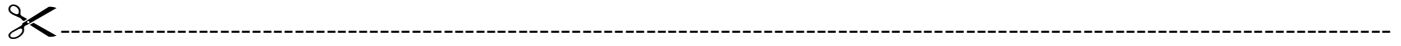
Once your child has had their height and weight checked, your local NHS will send your child's results through the post. If you do not receive your child's results within six weeks of them being measured please contact your local NHS on 01823 287774 and not the school.

Yours sincerely

Anna Roxburgh  
Headteacher

## Opting your child out of being weighed and measured

Return this form ONLY if you **do not want your child to participate.**



### Form 1: Opt-out slip

**I do not wish** my child to be weighed and measured for the National Child Measurement Programme.

Child's name: \_\_\_\_\_ Year: \_\_\_\_\_ Class: \_\_\_\_\_

Child's school: \_\_\_\_\_

Parent/carer's name: \_\_\_\_\_

Parent/carer's signature: \_\_\_\_\_

Please return to your child's school office